

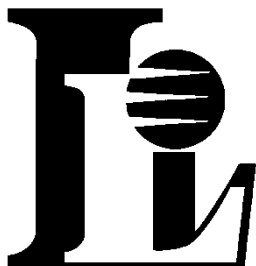
LIFETIME
LEARNING
INSTITUTE

S U N Y
NEW PALTZ



*Learning
for the fun of it*

SPRING 2024 COURSES



NON CREDIT AND NON COMPETITIVE COURSES
SPONSORED BY SUNY NEW PALTZ
THE OFFICE OF GRADUATE AND EXTENDED LEARNING
ROAD SCHOLAR – LLI RESOURCE NETWORK
LLI IS A VOLUNTEER MEMBER-RUN ORGANIZATION

REGISTER BY

MARCH 1

CLASSES
FILL EARLY

Welcome to our Spring 2024 Catalog

Lifetime Learning Institute was founded seventeen years ago in the Spring of 2007 by a core group of interested community members. It is strictly a volunteer member-run organization headed by a council of elected officers, committee chairs and members at large.

There is a well-known saying that I am sure we have all heard or read, ***“It takes a village to raise a child”***. In other words, it takes the power of community and shared effort to be a successful organization. LLI is such a community. We depend on our members to help keep the organization running. You will see that this Spring LLI is offering 38 classes, the largest number of classes ever offered thus far. There is something scheduled every day – Monday through Friday. This required a lot of work by members of the Curriculum Committee who searched for and invited presenters to give classes; It required a Catalog Committee to create and publish the catalog; it required a Classroom Management Committee to contract sites, set up times and days for those 38 classes. Finally, it needs zoom hosts/classroom assistants to support the presenters giving their classes.

We are always looking for volunteers to help with the various activities that make LLI so successful, but often members of the council and a few regulars take on extra burdens and tasks to keep the organization going. If you can help in any way we welcome your volunteering. On the registration form there is a section that asks if you would like to volunteer. Please check it off and join us in making LLI even more successful.

Marilou Abramshe

Interim Council Chair

MEMBERSHIP AND FEES

If you joined LLI with an Annual Membership (\$120 per person) in Fall 2023, there is no additional fee. The 2023–2024 membership year runs from July 1 through June 30. If you chose a per semester membership (Fall & Winter), the fee is \$75.00 per person for the Spring session. If you are a new or returning member, the fee is \$75.00 for the Spring session. Membership fee is non-refundable.

REGISTRATION

This catalog represents classes covering the coming Spring semester. For courses with size limits, members may be limited to enrolling in one or two such classes. **REGISTRATIONS WILL BE CONSIDERED ON A SPACE AVAILABLE BASIS IN THE ORDER RECEIVED.** Registration confirmation letters will be mailed in early March. Classes begin the week of March 11th.

MARCH 1 IS THE DEADLINE FOR REGISTRATION

**Catalog and *Registration will be online at [newpaltz.edu/lifetime](https://forms.gle/h1omMRnqqTNxe5Bq7)*
Or use the *Registration Form link at <https://forms.gle/h1omMRnqqTNxe5Bq7>***

YOUR REGISTRATION IS NOT COMPLETE UNTIL PAYMENT IS RECEIVED, IF REQUIRED.
PLEASE MAKE YOUR CHECK PAYABLE TO **CAS/LLI**, (INCLUDE MEMBER NAME) AND SEND TO:
REGISTRAR LIFETIME LEARNING INSTITUTE PO BOX 275 NEW PALTZ, NY 12561

SPRING 2024 LLI COURSES

There are 38 classes being offered this Spring. In-person classes will meet at several locations on Monday, Tuesday, Wednesday or Friday and online classes via Zoom will meet on Thursday. Unless otherwise indicated all in-person classes are 75 minutes long and Zoom classes are 90 minutes long.

EL – Elting Memorial Library	SJ - St. Joseph’s Church
MN - Minnewaska State Park Preserve	SU - SUNY New Paltz Campus
RE - Redeemer Lutheran Church	WP - Woodland Pond
ZM - Online via Zoom	

Elting Memorial Library	93 Main Street, New Paltz, NY
Minnewaska State Park Preserve	5283 Rt 44/55, Kerhonkson, NY
Redeemer Lutheran Church	90 Route 32 South (South Manheim Boulevard)
St Joseph Catholic Church	34 South Chestnut Street (Elting Avenue)
Woodland Pond	100 Woodland Pond Circle (North Putt Corners Road)

PARTICIPATION AND CLASS DECORUM POLICY

SUNY New Paltz Lifetime Learning Institute (LLI) Members may experience a wide range of teaching styles guided by Presenters. In order to promote a dynamic learning environment and encourage a sense of community that is comfortable and accommodating, members are expected to behave in a manner that is respectful and courteous and does not distract from or disrupt the teaching and learning experience. Admission and participation in classes are within the sole discretion of LLI which reserves the right to revoke admission, limit or revoke class participation, or revoke membership at any time if the Council officers reasonably determine a participant’s condition, behavior or actions are inappropriate or disruptive.

SPRING 2024 COURSES AT A GLANCE

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- W2** Magical Marvelous Memoir Writing 7
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- F6** The Wonderful World of Color 13
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* Indicates this course is offered online via Zoom

Lifetime Learning Institute

MISSION STATEMENT

The Lifetime Learning Institute of New Paltz promotes diverse and enriching learning experiences for older adults, provide opportunities for social interaction, and encourages individuals to use their knowledge and skills in creative ways.

(Adopted 3/7/2008)

TUESDAY EIGHT-WEEK COURSES (T-8)

March 12, 19, April 2, 9, 16, 30, May 7, 14 (no class on March 26 & April 23)

THE BANALITY OF EVIL & THE REMERGENCE OF ANTISEMITISM IN THE UNITED STATES

Dr Kris McDaniel-Miccio

Redeemer Lutheran Church

T1 11:30 - 12:45

CLASS LIMIT: 25

When Hannah Arendt reported on the *Eichmann* trial in Israel, she incurred the wrath of, *inter alia*, Jews in America for using the phrase the “banality of evil” to describe Eichmann. Antisemitism in the US has always existed. Its reemergence explodes in American culture and politics as MAGA gains prominence and a political foothold in local and national politics. Is this phenomenon a consequence of the banality of evil? Was Arendt correct in her assessment of Nazism and does that assessment apply to current antisemitic structures which birth & support the violence and hatred which scars the American political & cultural landscape?

Join us as we read and deconstruct Arendt’s writings, specifically her reporting of the Eichmann trial captured in articles from *The New Yorker* and subsequently published in her book *Eichmann in Jerusalem: The Banality of Evil*. We shall examine whether her assessment of Eichmann and his compatriots in the SS et.al described those who are part of the nascent radical-right of the 21st Century.

Kris McDaniel-Miccio is a professor of law, an attorney, rabbi and associate fellow at the Hannah Arendt Center, Bard College. She has taught seminars on the Holocaust, lectured extensively on antisemitism here in the U.S. and E.U. A Fulbright & European Commission

Scholar, with myriad publications on law, policy, culture and conceptions of socio-legal justice, McDaniel-Miccio is one of those rare academics who actually worked on legal, political, and cultural issues in the community—litigating successful cases challenging discrimination against women and the LGBTQ community authored numerous pieces of legislation, consulted on international matters challenging misogyny and racism in the US and abroad. McDaniel-Miccio believes teaching demands thought *and* action— underscored by care, civility, strength and humor.

INTRODUCTION TO SWING DANCING

Ron Fields

Redeemer Lutheran Church

T2 1:15 - 2:45 (90 minutes)

CLASS LIMIT: 20

The primary goal of the course is to teach students the basic dance moves involved in Swing Dancing. Specific details will involve elements of East and West Coast Swing and the Lindy Hop.

The course will include the demonstration and practice of the characteristics of partner dancing in the above Swing Dance modes, as well, as some lecture on the History of Swing Dance and Swing Mu

Ron Fields has been studying Swing Dancing for the past 20 years. He has taught East Coast Swing and the Lindy Hop and a course in the *History of Dance and Popular Music* for the Lifetime Learning Program at Bard College.

TUESDAY LATE FOUR-WEEK COURSES (T-4L)

April 16, 30, May 7, 14 (no class on Apr 23)

AROMA QIGONG FLOW -

Happy Joints Happy Life

Helen Coyle Bergstein

Redeemer Lutheran Church

T3 11:30 - 12:45

Imagine being able to live pain free, naturally, walking with grace through your neighborhood, dancing with your kids and grandchildren, and dare say whirling and swirling happily through your days.

The good news is that you can with a little help from ancient, simple, Qigong practices. We will literally “wring” stagnant Qi from our joints by practicing easy flowing movements. Once the stagnant Qi is unblocked, it’s replaced with revitalizing Qi that flows through your joints like water: fluid and free. Great for people living with arthritis, tendonitis, and osteoporosis. Sitting or Standing

Helen Coyle Bergstein is a certified teacher with the Institute of Integral Qigong and Tai Chi (IIQTC). Helen enjoys working with individuals and in group settings empowering wellness through various programs including Aroma Qigong Flow with 9 Phases of Qi Cultivation, Happy Joint Happy Life Flow, Breathe Again (Breath Medicine), Walking in Clouds - Guided Hikes & Walks on Magical Paths in the Catskills, Hudson Valley and beyond

**Use your LLI membership
card for a discount at
SUNY Fine and Performing Arts
events**

BE A HEALTHIER YOU!

Marilyn Reitman

Redeemer Lutheran Church

T4 1:15 - 2:30

NEUROPLASTICITY - SPARK YOUR BRAIN

We will work together to reopen the neuro pathways to the brain. The practice is done sitting which allows students to feel comfortable and safe while doing exercises to music while engaging various parts of the body.

MATTER OF BALANCE – FEAR OF FALLING

We have balance points throughout our body and we need to work them so they can work for us. These classes will work on strengthening your balance by working from the top of your head to the bottom of your feet. I keep the class interesting and fun, you will find this is a great class to attend every week! I take time to explain why we do each exercise, especially the fear of falling.

Marilyn Reitman began to teach 15 years ago through the government programs in Florida. She enjoys watching her students progress through her teaching methodology. After taking a course in Neuroplasticity, she taught that for three years in Florida and Mexico. Her aim is to see everyone laugh, smile and learn how to take care of themselves. She is certified in Neuroplasticity, Balance and Tai Chi.

WEDNESDAY EIGHT-WEEK COURSES (W-8)

March 13, 20, April 3, 10, 17, May 1, 8, 15 (no class on March 27 & April 24)

A SURVEY OF ARTIFICIAL INTELLIGENCE APPLICATIONS

Don Grice

SUNY Campus

W1 9:30 - 10:45

Artificial Intelligence (AI) is in the news all the time these days. It is and will be a force in shaping our everyday life. There is no limit on what AI can be used for. AI will improve education, healthcare, transportation safety, the environment etc. We will look at a variety of applications that are currently in the news and always expanding. The new emphasis on AI tools such as ChatGPT has certainly grabbed the imagination of the world. We will follow the progress that is being made there, but there are other types of applications that we will look at as well. 3D printing, Photoshop, drones are just examples that has many practical societal and personal implications. We will also look at and entertain other tools that are available that are of interest to the class participants.

Don Grice has a PhD in Electrical Engineering and worked at IBM in system design for close to 50 years, including a big emphasis on Man-Machine Interaction and large scale parallel supercomputing. His thesis was in the area of Voice Recognition and Communication similar to what we all take for granted today with systems like *Siri* and *Alexa*. He also worked with IBM's Research Division on programs like *Deep-Blue* the Chess playing machine, and *Watson* the Jeopardy machine.

MAGICAL MARVELOUS MEMOIR WRITING

Susan Slotnick

SUNY Campus

W2 11:00 - 12:15

CLASS LIMIT: 12

When we reach the time of life where a lot of our past is behind us, but informs our present every day, it's time to tell our story. We all have a unique and important story to tell. Whether or not we want to publish our story, it is meaningful to everyone who has loved and loves us.

In this course you will identify what part of your history you want to highlight. Who do you want to read your story? What moral conundrums will surely arise? Do you write about yourself only or about others? How can you get permission from people in your life that impacts your narrative? Although this is not a how-to writing course, inevitably during the course your writing will surely improve. Let's celebrate and share our lives with each other in a safe non-judgmental environment.

During her long career **Susan Slotnick** has been a painter, choreographer, and teacher. In 2019 Susan published a memoir titled, *Flight: The Dance of Freedom* and subsequently presented a popular Memoir class for LLI. Starting in 1988, Susan has been a featured columnist for The New Paltz Times. She is most well-known for her choreography of full-scale dance concerts for men in prison, which has led to two documentaries, national articles and awards. These documentaries and awards speak to the years, Susan went behind the walls at The Woodbourne Correctional Facility and DFY (Division For Youth prison) every Friday and Sunday to bring the joy of modern dance to incarcerated men and boys.

**THE REVOLUTIONARY WAR – BY BATTLES
(PART 1)**

Robert Ulrich

SUNY Campus

W3 11:00 - 12:15

With the 250th anniversary of the “*Shot Heard Round the World*” coming up in two years, it’s appropriate that we step up to covering it ALL, finally, in detail. With that in mind, we will devote *two* full semesters that will take us from the treaty that ended the French and Indian War, giving rise to Colonists fears of no future expansion, then the start of hostilities at Concord and Lexington, thru to the end of the Revolution, battle by battle. Because of the time permitted with a two-semester approach, time will now be available to add in significant informational detours and extras to better explain the how the war moving to the south differed greatly from how it was fought in the north.

Bob Ulrich has been a frequent presenter at LLI. His focus is on early American history, starting with how the Dutch, not the British, founded America’s roots. It has now expanded to a full understanding of the background causes of the Revolutionary war and how, and why, it was fought.

Always walk through life as if you have something new to learn and you will. — Vernon Howard

FOR THE LOVE OF SHAKESPEARE:

An Introduction to Shakespeare’s Sonnets

Peter Rogen

SUNY Campus

W4 12:30 - 1:45

CLASS LIMIT: 12 MATERIAL FEE: \$15.00

Why are William Shakespeare's 156, relatively short fourteen-line Sonnets so relevant to the modern world? Composed in Elizabethan England in a time (much like ours) of great changes, these sonnets may be read as isolated poems or as a narrative. This narrative explores different forms of love and desire, and challenges long-established mainstream values, customs, and habits that survive to this day.

These Sonnets were uncannily ahead of their time, anticipating ours in addressing many of the same divisive identity and relationship issues that appear daily in our lives today to divide our society. Shakespeare’s content, form, and depth of intelligence provide us with a new energy and insight to approach these issues.

In each of the eight classes, following an introduction to the Sonnets, each class will consider and discuss similarly themed Sonnets, receive instructions, break into smaller groups and rehearse reading aloud portions of the “Sonnet of the Day.” They will then reconvene in one group and volunteers (with instructor guidance) will present briefly to the group.

The passion of communication, poetry, and the search for truth and love are threads that have run through the life of **Peter Rogen**.

He has performed in Off-Broadway Shakespeare productions and was awarded a Rockefeller Foundation Grant to teach, Voice and Speech in the American Theater. After several years of teaching, Peter left the theatrical world and founded his own international communications consultancy.

WEDNESDAY EARLY FOUR-WEEK COURSES (W-4E)

March 13, 20, April 3, 10 (no class on March 27)

JFK ASSASSINATION - 60 YEARS LATER

John Bohan

SUNY Campus

W5 2:00 - 3:15

A look back at the JFK Assassination 60 years ago.

- Where were you that day?
- Why are Americans still intrigued by JFK's life and death?
- Why do so many people still believe that his assassination involved a conspiracy?
- What actual evidence can we look to in solving this case?

John Bohan was a High School Social Studies teacher for 30 years and he recently retired from the Wallkill High School. He is now an Adjunct Professor with Ulster Community College

WEDNESDAY LATE FOUR-WEEK COURSES (W-4L)

April 17, May 1, 8, 15 (no class on April 24)

THE BLUES – PART 2

Richard Sullivan

SUNY Campus

W6 12:30 - 1:45

This is a continuation of Part 1 which focused primarily on the birth of the Blues and artists during the early 20th Century.

Part 2 will continue where we left off with Part 1, including many of the early (1930's) female Blues artists, and the English bands who brought the Blues back to the USA. Additionally, we will look at the American bands who incorporated the Blues into their music.

Richard Sullivan has taught various music genres for at least the past 10 years. Additionally, he DJ's on the Internet. He loves all genres of music and was in a Doo Wop Acapella group as a young man.

FINDING NEW WAYS TO TALK

ABOUT GOD

Rena Blumenthal

SUNY Campus

W7 12:30 - 1:45

This class will explore innovative ways to think and talk about the divine. The language used in the West for divinity - by both believers and atheists alike - is dominated by the metaphors of king, lord or father - i.e., "Big Powerful Man." But if God is the eternal, infinite Mystery of life, isn't this patriarchal, anthropomorphic & hierarchical metaphor far too limiting? How has the predominance of this metaphor constricted our spiritual and communal lives? This class is open to people of any and no religion - the more diverse, the better!

Rena Blumenthal is a freelance rabbi based in New Paltz. This will be her seventh LLI class.

PREDATORS, PARASITES AND PANSIES:

Adaptations for Survival

Cathy Law

SUNY Campus

W8 2:00 - 3:15

Discover fascinating adaptations that allow animals and plants to survive. Topics will include bizarre behaviors, specialized anatomy and superior intelligence.

Learn about the dining efficiency of the star nosed mole, zombie enslavement by parasitic wasps, creative ways to hide in plain sight and much more.

It's like science fiction but true!

Cathy Law taught high school biology and geology for 25 years and was an adjunct professor of geology for 10 years at SUNY New Paltz. She is a world traveler and has currently been to 62 countries (it will be soon be 67) and has many personal encounters about her own experiences with predators, parasites and pansies to share.

THE WAR AND AFTER:

Arts and Culture of the 1940s

Chuck Mishaan

SUNY Campus

W9 2:00 - 3:15

The greatest generation fought and won a terrible war, and ushered in a post-war culture of notable, nay, wonderful novels, movies, artworks, music, science and more. But the 1940s saw the beginning of the Cold War and the terrible confrontations and frictions of this 'New World Order'. We'll look at this pivotal decade through its creative arts, politics, achievements and threats.

Chuck Mishaan has been presenting courses at SUNY New Paltz for many years, including his popular Opera as Politics series and recently, 'The Roaring 20s' and 'Between the Wars: Arts and Culture of the 1930s'. His commentary on the intersection of politics and the arts continues with this course.

A mind once stretched by a new idea never regains its original dimensions.

Anonymous

DIALOGUES AT THE DORSKY

Zachary Bowman

SUNY Campus (Dorsky Museum)

W10 3:30 - 4:45

CLASS LIMIT: 20

In this class, we will spend our time in the exhibitions at the Dorsky Museum, discussing exhibition and artwork content and how the work on view relates to our own lived experiences. The goal is not to evaluate or categorize the work we are seeing, but rather to take time to consider why it was made and what we might learn from it about the artists' ideas, ourselves, and the other members of the class

Zachary Bowman is the Manager of Education and Visitor Experience at The Samuel Dorsky Museum of Art. He has been a museum educator for over 10 years, having worked and trained at both The Solomon R. Guggenheim Museum and the MoMA PSI in New York City.

ON THE COVER



Open Tulip

Rebecca Heyl, *Photographer*

CUISINES OF THE CARIBBEAN

Harvey Monder

Joan Monder

St Joseph's Church

W11 3:30 - 4:45

CLASS LIMIT: 15

MATERIAL FEE: \$35.00 (due at first class)

The islands of the Caribbean have been invaded by many cultures at least since their discovery by the Europeans in the 15th century. Slaves mostly from Africa were brought to the region as cheap forms of labor. Islands were also invaded by the Spanish, Dutch, French and English. Indentured laborers from China and India were brought into many of the islands.

Each of these brought their food preferences and merged them with indigenous peoples' recipes. One would expect that the cuisine of an island in the Spanish sphere of influence would differ from that of a Dutch Island, and the Dutch would differ from the French, and so on. In this class he will prepare foods from different islands of the Caribbean and compare how culture has influenced them.

Harvey Monder is an amateur chef who has been cooking and exploring the cuisines of the world since the age of eight. He has taught classes on foods of various areas such as the cuisines of Southeast Asia, Japan and the Caribbean. Most recently he has taught cooking classes at both the New Paltz and Bard LLIs. He is ably assisted by **Joan Monder**.

FRIDAY EIGHT-WEEK COURSES (F-8)

March 15, 22, April 5, 12, 19, May 3, 10, 17 (no class on March 29 & April 26)

INTERMEDIATE TAP DANCE

Anita-Jean McMonigle

Elting Memorial Library

F1 1:00 - 2:15

A class designed for students who have already participated in the Introduction to Tap class, or who have had tap dance experience. Tap shoes are required, or hard soled shoes.

Anita-Jean McMonigle has taught dance in the Hudson Valley Area for over 50 years. She is a past President of the National Association of Dance and Affiliated Arts, Inc. She currently is First National Vice President of this Organization, having also served as National President and Chair of the Board. She is also a member of Dance Educators of America. She has appeared on the faculty of many dance organizations across the USA.

BEGINNER TAP DANCE

Anita-Jean McMonigle

Elting Memorial Library

F2 2:30 - 3:45

A class to learn about tap dance and how to do the basics. Tap shoes or hard soled shoes are appropriate.

Anita-Jean McMonigle has taught dance in the Hudson Valley Area for over 50 years. She is a past President of the National Association of Dance and Affiliated Arts, Inc. She currently is First National Vice President of this Organization, having also served as National President and Chair of the Board. She is also a member of Dance Educators of America. She has appeared on the faculty of many dance organizations across the USA.

FRIDAY EARLY FOUR-WEEK COURSES (F-4E)

March 15, 22, April 5, 12 (no class on March 29)

BEADING 101

Helen Tennenbaum

Linda Worden

St Joseph's Church

F3 9:00 - 10:15

CLASS LIMIT 12

MATERIAL FEE \$15.00

- Learn 2 beading stitches and create a project for each.
- Learn about basic beading tools and supplies. This is a beginner class. *All are welcome*

Please bring a small scissors.

Helen Tennenbaum is a retired elementary school teacher who has always enjoyed doing crafts. Beading became one of her favorite hobbies. She enjoys sharing her knowledge and creativity with others. She loves teaching and helping people learn.

Linda Worden is Helen's assistant teacher. She was a student in Helen's class and has become a wonderful beader.

MOVES IN THE MORNING

Susan Trager

Redeemer Lutheran Church

F4 9:00 -10:15

CLASS LIMIT 20

Start your day with *MOVES in the Morning*. A structured movement, dance and exercise class. Easy movement & dance patterns (grapevine, walking, touch-step, etc.) that focus on balance, strength and toning in a fun and relaxed atmosphere. The class ends with stretching and “centering” exercises.

A mat or towel is recommended for floor work.

Susan Trager has been an instructor (dance, personal training, aerobics) for over 40 years. She has taught in NYC, Germany, and has had her own business. Her view on movement and/or exercise is “any movement is better than none; and every “body” is different-we’re not all the same.” Individual attention in a group atmosphere.

NEW PALTZ – “ANTIQUES ROADSHOW”

Walter Marquez

St Joseph’s Church

F5 11:00 - 12:15

Bring your treasures to be reviewed and appraised. We will review antiques and collectibles along with fakes and reproductions. General information on dating and appraising antiques.

Walter Marquez is the owner/ manager of Antiques Barn and Antiques on Main at Water Street Market. He is a past president of Ulster County Antique Dealers Assoc.

THE WONDERFUL WORLD OF COLOR

Susan Slotnick

St Joseph’s Church

F6 11:00 - 12:15

CLASS LIMIT 12

Color theory encompasses a multitude of definitions, concepts, and design applications. This course will simplify the concepts in the service of teaching artists how to use the three aspects of Color, Hue, Value, and Intensity to create harmonious works of Art. We will learn about color schemes, utilizing the color wheel. All artists are welcome. No judgments! Just saturating ourselves in the beauty and majesty of color.

SUPPLIES (\$55.00)

- A color wheel (can be downloaded for free)
- A brush set (approx. \$25)
- A set of Gouche Paints (approx. \$15-20)
- A sketch book (that is appropriate for water-based paints, approx. \$15)

Gouche Paint is an intensely colorful water-based paint often used to teach color theory to beginners.

Supplies can be purchased at Rhinebeck Artist Store. They will have the information on which supplies to purchase.

Susan Slotnick has a degree in Art Education and has spent the majority of her work life as a choreographer.

Currently, Susan is a member of Roost Art Gallery where she has exhibited in several one-woman shows. Starting October 20th her color-filled paintings will be on display at The Bakery in New Paltz. Her painting, *Compassionate Baby* was on display (ten years) in the Sloan-Kettering Hospital’s Pediatric Oncology Waiting Room.

TAI CHI EASY

Caroline Hopenwasser

Redeemer Lutheran Church

F7 3:00 - 4:15

CLASS LIMIT 25

Tai Chi Easy is a simple form of mind-body, selfcare designed to strengthen the body's own healing forces. Come learn sequences of mindful movements, breathing practices, self-applied massage techniques and styles of meditation that can be easily implemented in everyday life.

Caroline Hopenwasser is a certified Tai Chi Easy practice leader, who trained with Dr. Roger Janke, director of the Institute of Integral Qigong and Tai Chi. She has been a professional educator for 25 years. Caroline enjoys practicing Tai Chi daily with her dog and three cats.

FRIDAY LATE FOUR-WEEK COURSES (F-4L)

April 19, May 3, 10, 17 (no class on April 26)

BEADING 102

Helen Tennenbaum

Linda Worden

St Joseph's Church

F8 9:00 - 10:15

CLASS LIMIT 12

MATERIAL FEE \$15.00

It is best to know the basics of beading. We will do 2 beading projects. They will be new to the class.

Tools will be shared but all supplies necessary for projects will be included in the kits for you to keep.

Please bring small scissors.

Helen Tennenbaum is a retired elementary school teacher who has always enjoyed doing crafts. Beading became one of her favorite hobbies. She enjoys sharing her knowledge and creativity with others. She loves teaching and helping people learn.

Linda Worden is Helen's assistant teacher. She was a student in Helen's class and has become a wonderful beader.

ADVANCED MAH-JONGG STRATEGIES

Barbara Wyman

Ann Hanover

Woodland Pond

F9 11:00 - 12:15

CLASS LIMIT 12

If you have been playing Mah-Jongg for a few years and would like to "up" your game, this course is for you. We will be teaching strategies that will enhance your playing and understanding of Mah-Jongg.

We will be analyzing the new hands and familiarizing the class with the nuances of the card.

A requirement of the course will be to purchase and play with the new 2024 card. (\$14.00-\$15.00)

Barbara Wyman and **Ann Hanover** have been playing Mah-Jongg for over 20 years. They have taught LLI classes in previous years. Their love for the game is reflected in their playing Mah-Jongg 2-3 times a week and in attending several Mah-Jongg tournaments.

**WINE IS LIKE MUSIC;
WE CAN ALL FIND SOMETHING WE LIKE
Manny Sloan**

Woodland Pond

F10 1:00 - 2:15

CLASS LIMIT: 25 (Minimum 10)

MATERIAL FEE: \$35-40/per person

To be paid to presenter

Bring all your senses to class and we will hopefully tantalize them.

What are the ABC's of Wine?

A -nything but chardonnay or cabernet!

B -eyond our borders!

C -ork or screwcap?

D -oes the cost signify a better wine?

SUGGESTED ITEMS:

Two wine glasses

Over 40 years of enjoying and learning about wine as a hobby has led **Manny Sloan** to pursue his latest career as a wine consultant and wine educator with Wine Worldwide and International Wine Masters here in New Paltz. Manny has led several courses at LLI on the different nuances revealed in wine.

**Classes fill early so do not
delay your online registration**

**There is no limit to the
number of classes you choose**

**You MUST have an individual
email address to register**

**March 1st is the
registration deadline**

**For New or Rejoining Members
Mail your check for \$75.00 to LLI
payable to 'CAS/LLI' and send to:
LLI PO Box 275
New Paltz, NY 12561**

**Confirmation letters will be
mailed in early March**

THURSDAY EIGHT-WEEK ONLINE COURSES (TH-8)

March 14, 21, April 4, 11, 18, May 2, 9, 16 (no class on March 28 & April 25)

CURRENT EVENTS DISCUSSION

Robert Arthurs

ONLINE

TH1 9:00 - 10:30

CLASS LIMIT: 15

The course is a discussion group of current events focusing on the most significant international and national news. Each week before class, the leader/facilitator will email a few key articles or editorials to the participants for their reading and class discussion. The facilitator will manage the discussion to maximize participation. Participants should come prepared to discuss the issues presented in the provided articles plus other leading newspapers, journals and other media sources. It is essential to have a functioning email address and access to the internet.

Robert Arthurs is a musician, music educator, performer, and recording artist. He was on the faculty of the Music Conservatory of Westchester from 1972 to 2005. From 1990 to 2005 he served as dean of students and faculty at the school and was also the head of the jazz department. In the mid-1980s he returned to college to work toward receiving a degree in Russian language and literature. After receiving his BA from Lehman College (CUNY), he enrolled in SUNY Albany's Russian Department to pursue a Masters degree. His semester at Moscow State University was part of that program. He received his Masters in Russian Language and Literature in 1992.

He has presented *A Short History of Jazz*, *Daily Life in the Soviet Union* and three sessions of *Current Events* for LLI.

**BARBARA KINGSLOVER
WRITES ABOUT NATURE**
Meta Plotnik

ONLINE

TH2 11:00 - 12:30

Of Barbara Kingsolver's many subjects, we will focus on Nature themes. We will read several short stories and two novels.

As a class we will read her novels

Prodigal Summer (2000)

Flight Behavior (2013)

as well as related essays and poems.

Class members are encouraged to read other Kingsolver novels and essays to add to our discussion.

Animal Vegetable Miracle might be interesting for Spring.

Participants are expected to read assignments and share reactions and important quotations from the text.

Meta Plotnik received her Ph.D. in English from the Graduate School at City University of New York (CUNY). She taught English at Nassau Community College for 33 years, along with Women's Studies courses for the last 20 years. Courses included English Literature, Mythology, Images of Women and Men in Literature, Women Writers, Introduction to Women's Studies, and the Goddess in World Religions. Prof. Plotnik was also a leader of the Active Learning Workshops for Faculty.

THE HISTORY OF WOMEN IN ART

circa 79ce TO TODAY

José Moreno-Lacalle

ONLINE

TH3 11:00 - 12:30 (7 weeks)

The course will cover mostly European or American women artists who have been documented and have extant works, from the Middle Ages until our own time. Biographies and images of their works shall be shown via PowerPoint.

A good knowledge of Art History is not necessary but is certainly useful. Awareness of the major periods of Art History is important, however, such as Ancient Rome, Medieval, Early Renaissance, High and Late Renaissance, Baroque, Rococo and Neo-Classicism, 19th Century Romanticism, Realism, Impressionism, Post-Impressionism, Cubism, Fauvism, Surrealism, Expressionism, Modernism, and Conceptualism. The presentation will be mostly chronological, but also thematically organized.

Feminist art historian Linda Nochlin's influential and seminal essay, "*Why are there no great women artists?*" is available online and is highly recommended reading.

Borzello, Frances. *Seeing Ourselves: Women's Self-Portraits*. A thoughtful and insightful exploration of self-portraits by women artists. It covers the Middle Ages to 2016.

Higgie, Jennifer. *The Mirror and the Palette*. A highly readable account of selected self-portraits by women artists from the Middle Ages to 2021. Organized thematically and chronologically.

José Moreno-Lacalle earned an MA in Art History in 1982 at Hunter College (CUNY)

and taught Art History and History for nine years at the Lenox School in NYC. Art was used throughout the regular history courses. He also taught an Art History AP course which all the students passed, leading to several later earning degrees in Art History themselves. Since 2020, he has taught the Development of the Human Figure in Western Art and the Representation of the Human Form in World Art for LLI programs at both Bard and SUNY New Paltz. This is the second year that he offers this course on women artists, but it is updated and more focused on selected individual artists.

REFLECTIVE JOURNALING FOR SELF-ACCEPTANCE AND SELF UNDERSTANDING

Barbara Jimerson

ONLINE

TH4 1:00 - 2:30

"*Fill your paper with the breathings of your heart.*" William Wordsworth

Studies have shown that personal journal writing improves and increases brain functioning, regulates anxiety and stress, and creates a sense of control and order in one's life.

Each journaling session covers a thematic topic with prompts that encourage depth of thought. Sharing one's writing is optional. Capturing one's thoughts in the written form provides understanding and clarity as well as the possibility of self-acceptance.

Former students are welcome.

When the Women's Movement began, **Barbara Jimerson** sought out classes and approaches to personal writing formats, designing a program for journaling that would help her build her confidence and understand her thoughts and feelings.

In the decades that followed, the journaling format evolved into a tool she used professionally in her work as an English teacher and a facilitator in teenage peer counseling classes. After retiring from education, she conducted journaling sessions (both as a volunteer and as a paid facilitator) with substance abusers and concussion-injured professional athletes. Their writing and sharing served as a therapy for their injured selves. Currently, she conducts large and small-group journaling classes with elders from local community organizations.

WHERE DID CUSTOMER SERVICE GO?

Fred Mayo

ONLINE

TH5 1:00 - 2:30

The current demand for more and better service and the lack of people interested in, or able to provide, good service, has created a challenge for both customers and companies. A year ago, Arizona State University's *2020 National Customer Rage Study* found that customer service is worse than ever and that nearly two-thirds of the respondents were upset and felt customer rage. In fact, 43% of customers yelled or raised their voice to express displeasure about poor service.

In our daily lives we experience it as well in restaurants, at retail stores, and in traveling. Smart phones and smart televisions make us dumb; help desks provide opportunities to practice extraordinary patience while getting no assistance, and high technology produces high frustration. Sadly, many employees don't recognize the value of service.

This course will include discussion about what is good service, why it has disappeared, what can we do about it, what role AI plays in customer service, and why companies don't train employees in service principles and practices. Come join this Zoom class, share your anecdotes, and learn the principles and problems in providing high quality service.

Fred Mayo, retired Professor of Hospitality and Tourism Management at NYU (where he taught Customer Relationship Management) has been teaching LLI courses for years. The first ones included topics related to manners using parts of his book *Modern American Manners: Dining Etiquette for Hosts and Guests*. More recent courses have included: Isolation, Rituals and Routine, the Coming Out Process, Building Community, Loneliness, Friendship, and Giving and Generosity. This course builds on his interest in helping LLI participants think more carefully about contemporary topics.

**LIFETIME LEARNING IS ON
FACEBOOK**

**SEE PICTURES FROM COURSES
"LIKE" OUR PAGE
SHARE WITH FRIENDS
SPREAD THE NEWS ABOUT LLI**

Lifetime Learning Institute – New Paltz

THURSDAY EARLY FOUR-WEEK ONLINE COURSES (TH-4E)

March 14, 21, April 4, 11 (no class on March 28)

ZENTANGLE 2 - Mindful Drawing Method

Priscilla DeConti

ONLINE

TH6 3:00 - 4:30

CLASS LIMIT: 15

Zentangle® is a method/practice of using lines and patterns in a repetitive mindful manner to make beautiful images by focusing on the single strokes one at a time, it can improve mindfulness, reduce stress, add to confidence.

Each week a different area will be explored:

Week 1-Review Zentangle vs Doodling

Week 2-Reticula and Fragments

Week 3 Butterfly - Color in Tangling

Week 4-More in Color

PREVIOUS ZENTANGLE CLASS REQUIRED

MATERIAL FEE: \$15

Priscilla DeConti is a Certified Zentangle Teacher who began her *tangling* journey in 2016 while involved in a *The Artist Way* group. She became certified in 2017 and has taught many times since then. She loves her Zentangle practice which has led her to explore other art forms such as collage, watercolor and hand lettering.

THURSDAY LATE FOUR-WEEK ONLINE COURSES (TH-4L)

Apr 18, May 2, 9, 16 (no class on April 25)

FUSION DANCE LECTURE SERIES

Anna Mayta

ONLINE (3 weeks starting May 2)

TH7 9:00 - 10:30

This is a course that has been developed to enable participants to understand, be inspired, and learn about different cultures through dance. The cultures we will be looking at are: Flamenco, (Spain), Bharatanatyam (India), West African, modern (USA), Chilean and Caribbean dances.

The goal of this course is for the audience to be able to get an understanding, learn the differences, similarities, history and cultural aspects, of each dance style. My aim is that each participant will leave with love, inspiration, an

understanding, and excitement to learn more about cultures and dances from around the world.

Week 1 -West African dance and Latin dances from the Caribbean

Week 2 -Bharatanatyam and Flamenco

Week 3 -Cueca from Chile, Modern dance and conclusion

Anna Mayta who grew up in Chile, is an Educator, dance improviser, choreographer and dance artist. Ms. Mayta teaches the Spanish language through movement in addition to fusion dance, which centers on the incorporation of African, Classical Indian, Flamenco, Chilean, Modern and Latin dance styles. Anna Mayta is an adjunct professor of dance for Columbia Greene Community College in Hudson NY.

SCIENCE POTPOURRI 6

Carole Heyl - Coordinator

ONLINE

TH8 3:00 - 4:30

Science encompasses a wide variety of topics. This series deals with Humankind and the From the beginning of time, we have sought the answer to the age-old questions of:

Who? What? When? Where? Why? How?

Apr 18: Cathy Law

Amazing Geology Around the World

Join world traveler, Cathy Law for a virtual adventure to some of the most bizarre geologic land forms around the world. We will be visiting "hobbit" homes of Cappadocia, Turkey, black hexagonal pillars of Giants Causeway, Northern Ireland and magical karst topography of Southeast Asia and much more!!

May 2: Jeremy Heyl

Life in the Universe

Over the past thirty years humans have progressed from knowing of nine planets (down to eight ... sorry Pluto) to thousands of planets. What is a planet? What has driven and continues this rapid pace of discovery? What was the first evidence for planets beyond the Solar System? What are the planets outside our Solar System like? Could they harbor life and how would we know? Have we discovered Earth 2.0 or even better Earth++?

May 9: Don Grice

Types of AI algorithms and APPs

Using Deep Blue, IBM's Chess machine, and Watson, IBM's Jeopardy machine, as examples we will look at the spectrum of types of AI algorithms that are currently in the news. There has been a major shift from Expert Systems that are taught how to act by Human programmers to Self Organizing Large Language Model types

of systems that teach themselves how to act by organizing the training data they are given.

May 16: Angela McDonald

The World in Words – Exploring Ancient Egyptian Hieroglyphs Life in the Universe

The ancient Egyptian hieroglyphic script was in use for over three thousand years. In that time, we see magical spells and medical recipes; literary masterpieces and hymns of praise; life stories and love songs. This brief introduction will teach you how to read hieroglyphs and how to see the Egyptian world through the eyes of its scribes. Together we will also explore some highlights of Egyptian written works.

Cathy Law taught high school biology and geology for 25 years and was an adjunct professor of geology for 10 years at SUNY New Paltz. She is a world traveler and has currently been to 62 countries (it will be 67 by Spring 2024) and has many personal encounters with spectacular geology around the world to share.

Jeremy Heyl is a professor of Physics and Astronomy at the University of British Columbia and the Canada Research Chair in Neutron Stars and Black Holes. He is one of the few Canadian astronomers to be awarded time on Webb telescope during its first year. His team is looking for evidence of the formation of oldest planets. He is an expert on neutron stars, black holes, white dwarfs and the evolution of stars. After the presentation, Prof. Heyl will field any astronomy questions from the audience.

Don Grice has a PhD in Electrical Engineering and worked at IBM in system design for close to 50 years, including a big emphasis on Man-Machine Interaction and large scale parallel supercomputing. His thesis was in the area of Voice Recognition and Communication similar to what we all take for granted today with systems like Siri and Alexa. He also worked with IBM's Research Division on programs like *Deep-Blue* the Chess playing machine, and *Watson* the Jeopardy machine.

Angela McDonald is a Senior Lecturer in Egyptology at the University of Glasgow, where she has taught all aspects of Egyptology for the last twenty years. She earned her doctorate from Oxford University in 2002 and is a specialist in the ancient Egyptian script. Alongside her teaching in the UK, she led study tours to Egypt from 1999-2005, and has undertaken archaeological fieldwork both in Amarna, the capital city of the heretic king, Akhenaten and in Karnak Temple, Luxor. She has published many articles and books, including the best-selling *Write Your Own Egyptian Hieroglyphs* (British Museum Press).

SPECIAL COURSES

INTRODUCTION TO MODERN AMERICAN CANASTA

Jane Greenberg
Carla Barrett

Elting Memorial Library
Monday Mar 11, 18, Apr 1, 8, 15, 29,
May 6, 13

SP1 10:30 - 12:30
CLASS LIMIT: 15

Learn the basics of this popular card game played with four players and two decks of cards. Strategy will be covered in addition to the basics such as dealing, setup and scoring.

There are various versions of Canasta. This class will teach the official rules as defined by Modern American Canasta.

It is planned to offer this course again in a subsequent LLI sessions in order to establish local groups of players who can then meet on their own to play in various locations.

Participants are expected to commit to attending and playing for at least the first 4 weeks, as best as they can project. After the first 4 weeks, real games will be played with instructor oversight and advice for an additional 4 weeks.

Jane Greenberg is an avid Canasta and Mahjongg player. She owned and managed a Travel Agency in Kingston and trained other travel agents. She also was an accounts manager for a local nonprofit. Jane will be assisted by **Carla Barrett**, also an active card and mahjong player who has training experience in the business field.

**NATURALIST GUIDED WALKS AT
MINNEWASKA STATE PARK PRESERVE**

Laura Conner

Monday Apr 15, 29, May 6, 13

SP2 9:30 - 12:30

CLASS LIMIT: 25

Join Laura Conner, Environmental Educator at Minnewaska State Park, for a series of weekly, naturalist-led outings. Each modestly paced, four-mile walk will take place on level, gravel-surfaced carriage roads and will feature education served with a side of scenic views, cultural history and signs of wildlife.

Unless otherwise noted, all walks will begin at the Lake Minnewaska Visitor Center at 5281 Rt 44/55, Kerhonkson.

State residents who are 62 years of age or older pay no parking fee during the week, except on holidays.

Please note that participants need to be able to walk the distance of each outing in the allotted time frame.

Laura Conner began her career with New York State Parks in 2000, when she worked as a seasonal environmental educator at Grafton Lakes (Rensselaer County). Next, she was the Assistant Park Manager at Moreau Lake (Saratoga County), while still offering environmental education. In 2007, she became the Environmental Educator at Minnewaska. Originally pursuing fine art, with a BFA in photography from the School of Visual Arts, she changed careers in 1995, when she received an MS in Environmental Studies from Antioch New England Graduate School.

Monday, 4/15/24, 9:30 am – 12:30 pm

Around the Lake with a Catskills View

Walking around Lake Minnewaska, we'll stop at all the scenic vistas. Then, we'll continue to the quiet Beacon Hill Carriage Road, which offers a spectacular view of the Catskills.

Distance: 4 miles round trip.

Monday, 4/29/24, 9:30 am – 12:30 pm

Opposite Views across a Ravine

This outing will feature two views across the Palmaghatt Ravine. Our first stop will be Patterson's Pellet, a cliff-edge boulder. Then, we'll walk to Kempton's Ledge, which offers stunning views in the opposite direction.

Distance: 4 miles round trip.

Monday, 5/6/24, 9:30 am – 12:30 pm

Echo Walk

A favorite route that offers vast views of the hemlock forest, where porcupines are sometimes visible in the treetops. Our destination, Echo Rock, sits perched above the Palmaghatt Ravine, where vultures can be seen soaring.

Distance: 4 miles round trip.

Monday, 5/13/24, 9:30 am – 12:30 pm

Awosting Falls Walk

Meeting at the Peter's Kill Area of

Minnewaska, 5080 Rt 44/55, Gardiner, NY

Join us as we enjoy an early Spring walk along the modestly inclined Awosting Falls Carriage Road. This scenic route, which meanders next to the Peter's Kill stream, offers views of a towering rock formation, before reaching our destination, the iconic 65-foot tall Awosting Falls.

Distance: 3.5 miles round trip.

**THE ART IN EARTH AT
MINNEWASKA STATE PARK PRESERVE
Josh Grosse**

Tuesday Apr 16, 30, May 7, 14

SP3 2:00 - 4:30

CLASS LIMIT: 12

Join Josh Grosse, Environmental Educator and artist, for a four-class course, set at the beautiful Minnewaska State Park Preserve. Learn about local creatives and get inspired to make your own art as you are immersed in an astonishing natural landscape.

All classes will meet at the Lake Minnewaska Visitor Center, 5281 Rt 44/55, Kerhonkson, NY 12446, unless noted otherwise below.

State residents who are 62 years of age or older pay no parking fee during the week, except on holidays.

Please note that participants need to be able to walk the distance of each outing in the allotted time frame.

Minnewaska State Park will provide basic materials, but you may wish or need to provide your own. The intent is to be flexible as to the type of art and materials the student is interested in using or is comfortable with.

Tuesday, 4/16, 2:00 pm - 4:30 pm

Nature Journal Creation

Josh will walk beginner and experienced artists alike through the creation of their very own Nature Journal. Using materials provided by Minnewaska State Park at the Park's Nature Center, participants may collage, draw, and/or paint on the front and back cover of their journals, creating something that is unique and expressive. Afterwards, we will take a brief, one mile walk to the scenic Cliff House area. Beginners are welcome-- emphasis is placed on cultivating a fun and relaxed learning environment for people of all experience levels.

Tuesday, 4/30/24, 2:00 pm - 4:30 pm

Artists of the Ridge

From 19th Century Hudson River School Painters to modern day graphic designers, learn about the notable visual artists who have been inspired by the unique landscape of the Gunks. Our lecture and discussion will take place on multiple stops along a three-mile, round-trip walk to Kempton Ledge, via the Meadows. After reaching a beautiful overlook of the Catskills, participants will try their hand at visual art by filling up pages of their journals using colored pencils, oil pastels, or watercolor. No previous experience is necessary, optional prompts and techniques will be provided by the instructor.

Tuesday, 5/7/24, 2:00 pm - 4:30 pm

Writers of the Ridge

Finding adventure in craggy cliffs, and beautiful persistence in babbling creeks, poets and prose writers are no stranger to the Shawangunks. During this class, we will look at novel excerpts and poems written by visitors and residents of the Ridge. Participants are encouraged to bring a poem, nature related or not, that they connect with to share with the class. Our walk will take us along Beacon Hill Carriage Road, which features a beautiful viewpoint of Skytop Tower, Walkill Valley, and the Catskills. No writing experience is necessary, optional prompts will be provided by the instructor.

Tuesday, 5/14, 2:00 pm - 4:30 pm

Art from the Heart

This final class will be an opportunity to revisit an old project or try something you haven't gotten a chance to do yet. A variety of materials will be provided, including watercolor, pastels, and colored pencils. An optional component will be utilizing prompts from nature meditation cards, which can be chosen individually to set an intention for the hike and any art you may be interested in making along the way. Our hike will follow a section of Mossy Glenn Footpath, which features beautiful mountain laurel and rhododendron lining the edge of the Peter's Kill. This level, beginner trail includes some rocky, narrow sections with uneven footing. Meet at the Lower Lot at Minnewaska.

Josh Grosse earned an undergraduate degree in English from Binghamton University in 2022, and has garnered years of formal training in drawing, painting, printmaking, and other artistic mediums. Josh loves providing opportunities for various methods of creative expression to people of all ages and experience levels, opening the gateway for those who may feel they “can’t create art”. Now in his second year working as an educator at Minnewaska State Park Preserve, Josh has gained appreciation for the rich cultural history of the area, finding particular interest in studying the creatives who have visited the Shawangunks. Taking inspiration from the acclaimed Hudson River School, Josh finds that through art, a deeper connection with the natural world can be formed by bringing a focused eye to what can so easily be overlooked.

DISCOVERING CHARLIE CHAPLIN

Fred Wolinsky

Woodland Pond

Wednesday Mar 13, 20, Apr 3, 10, 17,

May 1, 8, 15

SP4 9:00 - 10:15

CLASS LIMIT 25

Charles Chaplin was a heralded actor, director, writer, producer, and musician who had a profound influence on the art and industry of film production and became its first international star. His films are as entertaining and relevant today as they were a hundred years ago. In this class we will explore Chaplin’s films, artistic methods, music, and prolific career, as well as some lesser-known facts about his personal life, celebrity, and politics.

Fred Wolinsky has been involved professionally in many areas of the performing arts throughout his life – actor, director, choreographer, producer, puppeteer, magician, ventriloquist, booking agent, audiobook narrator, and college teacher, working in NYC, summer stock, touring, and in the Hudson Valley. He has narrated over 100 audiobooks available on Audible.com. He is also a nationally certified American sign language interpreter. Fred has been a fan of Charlie Chaplin ever since attending a Chaplin Film Festival in college, and he has delved into Chaplin’s films and life. He looks forward to sharing his knowledge and passion with you.

FROM RADIO TO FILM

Robert Brunet

Woodland Pond

Friday Apr 19, May 3, 10, 17

SP5 1:00 - 3:00

CLASS LIMIT 20

Radio was one of the few ways people could enjoy themselves at home during the Great Depression. It became so popular; we now call that period the "Golden Age of Radio". Some of the performers became so popular, many listeners wanted to see them. So, several motion picture companies took up the call. Some of those favorite personalities were Fiber McGee and Molly, The Lone Ranger, Doctor Christian and Ozzie and Harriet, to name a few. Four films will be presented, and a history guide of each radio show will be distributed.

Robert Brunet has taught Film Appreciation for twenty years at the Older Adult Learning Community (TOALC), located in East Stroudsburg, PA. He has also presented to LLI SUNY New Paltz. Robert has been a student of film for over 50 years with a collection of 1000 DVDs. He tries to make viewing films a personal experience.

SPRING 2024 LLI CLASS SCHEDULE

Session	Course	Presenter	LOC	Limit	Start	Start	Start	Start	Start
W-8	8 Wednesdays (March 13, 20, April 3, 10, 17, May 1, 8, 15)				9:30	11:00	12:30	2:00	3:30
W1	A Survey of Artificial Intelligence Applications	Don Grice	SU		X				
W2	Magical Marvelous Memoir Writing	Susan Slotnick	SU	12		X			
W3	The Revolutionary War - By Battles (Part 1)	Bob Ulrich	SU			X			
W4	For the Love of Shakespeare: The Sonnets	Pete Rogen	SU	12			X		
W-4E	4 Wednesdays Early (March 13, 20, April 3, 10)								
W5	JFK Assassination - 60 Years Later	John Bohan	SU					X	
W-4L	4 Wednesdays Late (April 17, May 1, 8, 15)								
W6	The Blues - Part 2	Richard Sullivan	SU				X		
W7	Finding New Ways to Talk About God	Rena Blumethal	SU				X		
W8	Predators, Parasites and Pansies	Cathy Law	SU					X	
W9	The War and After: Arts and Culture of the 1940s	Chuck Mishaan	SU					X	
W10	Dialogues at the Dorsky	Zachary Bowman	SU	20					X
W11	Cuisines of the Caribbean	Harvey and Joan Monder	SJ	15					X
T-8	8 Tuesdays (March 12, 19, April 2, 9, 16, 30, May 7, 14)					11:30	1:15		
T1	The Banality of Evil ...	Kris McDaniel-Miccio	RE	25		X			
T2	Introduction to Swing Dancing	Ron Fields	RE	20			X		
T-4L	4 Tuesdays Late (April 16, 30, May 7, 14)								
T3	Aroma Qigong Flow - Happy Joints Happy Life	Helen Coyle Bergstein	RE			X			
T4	Be a Healthier You!	Marilyn Reitman	RE				X		
F-8	8 Fridays (March 15, 22, April 5, 12, 19, May 3, 10, 17)				9:00	11:00	1:00	2:30	3:00
F1	Intermediate Tap Dance	Anita-Jean McMonigle	EL				X		
F2	Beginner Tap Dance	Anita-Jean McMonigle	EL					X	
F-4E	4 Fridays Early (March 15, 22, April 5, 12)								
F3	Beading 101	Helen Tennenbaum	SJ	12	X				
F4	MOVES in the Morning	Susan Trager	RE	20	X				
F5	New Paltz - "Antiques Roadshow"	Walter Marquez	SJ			X			
F6	The Wonderful World of Color	Susan Slotnick	SJ	12		X			
F7	Tai Chi Easy	Caroline Hopenwasser	RE	25					X
F-4L	4 Fridays Late (April 19, May 3, 10, 17)								
F8	Beading 102	Helen Tennenbaum	SJ	12	X				
F9	Advanced MahJongg Strategies	Barbara Wyman	WP	12		X			
F10	Wine is Like Music	Manny Sloan	WP	25			X		
TH-8	8 Thursdays (March 14, 21, April 4, 11, 18, May 2, 9, 16)				9:00	11:00	1:00	2:30	3:00
TH1	Current Events Discussion	Robert Arthurs	ZM	15	X				
TH2	Barbara Kingslover Writes About Nature	Meta Plotnik	ZM			X			
TH3	The History of Women in Art - circa 79ce to Today	José Moreno-Lacalle	ZM			X			
TH4	Reflective Journaling	Barbara Jimerson	ZM				X		
TH5	Where Did Customer Service Go?	Fred Mayo	ZM				X		
TH-4E	4 Thursdays Early (March 14, 21, April 4, 11)								
TH6	Zentangle 2	Priscilla DeConti	ZM	15					X
TH-4L	4 Thursdays Late (April 18, May 2, 9, 16)								
TH7	Fusion Dance Lecture Series	Anna Mayta	ZM		X				
TH8	Science Potpourri 6	Various	ZM						X
	SPECIAL COURSES								
SP1	Modern American Canasta - Jane Greenberg	Monday 10:30-12:30	EL	15	(Mar 11,18,Apr 1,8,15,29, May 6,13)				
SP2	Guided Walks at Minnewaska - Laura Conner	Monday 9:30-12:30	MN	25	(Apr 15, 29, May 6, 13)				
SP3	The Art in Earth - Josh Grosse	Tuesday 2:00 4:30	MN	12	(Apr 16, 30, May 7, 14)				
SP4	Discovering Charlie Chaplin - Fred Wolinsky	Wednesday 9:00 -10:15	WP	25	(Mar 13,20, Apr 3,10,17, May 1,8,15)				
SP5	From Radio To Film - Robert Brunet	Friday 1:00 3:00	WP	20	(April 19, May 3, 10, 17)				
KEY	EL-Elting Memorial Library	MN - Minnewaska State Park	RE - Redeemer Lutheran Church						
	SJ - St Joseph's Church	SU-SUNY Campus	WP-Woodland Pond	ZM-Zoom					

Registration will be online at newpaltz.edu/lifetime

YOUR REGISTRATION IS NOT COMPLETE UNTIL PAYMENT IS RECEIVED

PLEASE MAKE YOUR CHECK PAYABLE TO **CAS/LLI**, (INCLUDE MEMBER NAME) AND SEND TO:

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